

**Fortifeye® Complete Plus** is a synergistic blend of vitamins, minerals, phytonutrients, whole foods, enzymes and omega three oils. This formula is all natural without the use of any dyes. These are nutraceuticals developed to aid in total body wellness and vision support. Fortifeye Complete Plus is a combination multi vitamin, eye vitamin, super fruit/vegetable extract and Super Concentrated Omega-3 fish oil in Fortifeye Complete Plus one convenient package that is taken daily (2 tablets and 1 gel cap). This unique formula is based on the latest science and is currently being used by thousands of patients throughout the world. Fortifeye Complete Plus has evolved to its current nutrient profile after seven years of research and 10 reformulations. This final formula was reached after years of clinical use with patients in large eyecare centers combined with serum and intracellular blood testing and retesting. Some newly researched nutrients like resveratrol from red wine, Polyphenols from green tea, and curcumin from the turmeric root have been added to this formula. These nutrients are powerful antioxidants that may also help inhibit the formation of "bad" blood vessels (anti-VEGF). Some other specific nutrients that Fortifeye is using that may also exhibit effects on VEGF are Vitamin D, Zeaxanthin, tocotrienols, super berries and even B vitamins. This may prove to be helpful in macular degeneration, diabetic retinopathy, other inflammatory eye diseases and cataracts. Many studies now suggest that increasing intake of dark green leafy vegetables and darkly pigmented berries may also benefit macular degeneration and overall health. Kale, Spinach and Blueberries along with Bilberries and Grape seed extract have also been included in the Complete Plus formula, Lutein and Zeaxanthin isomers in a new micro beadlet delivery system are in this formula to help replenish the macula pigment density, filter out the dangerous blue light and also act as a powerful antioxidant to neutralize free radicals. Current science indicates that macula density progressively decreases as macular degeneration progresses. Lutein/Zeaxanthin are proving to be beneficial for both macular degeneration and cataracts. The total antioxidant value (ORAC value) of Fortifeye Complete Plus is very high. Super Foods like Green Tea, Gogi, Acai, Mangosteen, Pomegranate, Blueberries, Bilberries, Cinnamon and Cocoa were blended to increase the ORAC levels. Acetyl L-Carnitine, Alpha Lipoic Acid and COQ-10 were added to support mitochondria health and aid in neuro protection. The Omega-3 fish oil is the purest concentrated molecularly distilled and purified triglyceride based fish oil available. All eight forms of vitamin E (four tocopherols and four tocotrienols) are utilized in this formula to maximize free radical quenching. Additional tocotrienols were added for their enormous health benefits. The most absorbable form of Zinc called Opti Zinc is used to increase bio availability. Higher than

normal levels of Vitamin D3 have been added do to the vast overall health benefits associated with this potent steroid hormone. Vitamin

A deficiencies are very rare in developed

countries and too much Vitamin A poses some serious health risks while beta carotene has been linked to lung cancer in smokers. Studies now indicate that beta carotene may block the absorption of Lutein as a result Fortifeye has removed Vitamin A and beta carotene. Many other nutrients are used in this comprehensive formula in precise ratios to aid in maximum cellular absorption. Fortifeye Complete Plus can be used alone or in combination with Fortifeye Super Omega-3 or Fortifeye Focus to combat against free radical damage in the eyes and body. When Fortifeye Vitamins are combined with life style changes and dietary modifications significant improvements in the health of the eyes and body can be a result. Fortifeye Complete Plus is recommended to anyone wanting to be pro-active in their future health.



## Fortifeye® Complete Plus

### Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 30					
	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	300 mg	500	Coenzyme Q10	40 mg	*
Vitamin D (as cholecalciferol)	1,500 IU	375	Alpha-Lipoic acid	133 mg	*
Vitamin E (as d-alpha-tocopheryl succinate, mixed tocopherols : d-alpha, beta, gamma, delta-tocopherols and tocotrienols: d-gamma, alpha, delta-tocotrienols)	30 IU	100	Boron (as boron chelate)	133 mcg	*
			Bromelain	13 mg	*
			Acetyl-L-Carnitine HCl	133 mg	*
			Hesperidin complex	6 mg	*
Thiamin (as thiamin mononitrate)	12 mg	800	N-Acetylcysteine	100 mg	*
Riboflavin	6.5 mg	382	Quercetin dehydrate	13 mg	*
Niacin (as niacinamide)	26 mg	130	Taurine	166 mg	*
Vitamin B6 (as pyridoxine HCl)	16 mg	800	Turmeric root extract (95% curcuminoids)	20 mg	*
Folate (as calcium folinate)	200 mcg	50	Vanadium (as vanadium amino acid chelate)	6 mcg	*
Vitamin B12 (as cyanocobalamin)	250 mcg	4,167	Lycopene	2 mg	*
Biotin	350 mcg	117	Lutein** (from marigold flower extract)	15 mg	*
Pantothenic acid (as D-calcium pantothenate)	40 mg	400	Zeaxanthin Isomers** (from marigold flower extract)	3 mg	*
Calcium (as dicalcium phosphate and calcium citrate)	80 mg	8	Tocotrienols	10 mg	*
Phosphorus (as dicalcium phosphate)	45 mg	5	Resveratrol	20 mg	*
Magnesium (as magnesium oxide)	33 mg	8	Bio Active High ORAC Antioxidant Blend	512 mg	*
Zinc (as OptiZinc® monomethionine)	27 mg	180	<b>Antioxidant Blend:</b> Green tea leaf extract (98% polyphenols), Gogi berry (lycium berry extract from 45mg of 5:1 extract), kale/spinach/blueberry complex, bilberry fruit extract, grape seed extract, acai (Euterpe oleracea) fruit extract, cacao extract, pomegranate fruit extract, cinnamon bark extract, mangosteen fruit extract. ** from Lutemax 2020™ is a trademark of Omni Active Health Technologies.		
Selenium (as selenomethionine)	67 mcg	96			
Manganese (as manganese gluconate)	1.34 mg	67			
Chromium (as chromium dinicotinate glycinate)	100 mcg	83			

### Supplement Facts

Serving Size: 1 Gel Cap		Calories	
Omega 3	800 mg	Calories from Fat	10
EPA (eicosapentaenoic acid)	430 mg	Total Fat	1.5g 2%
DHA (docosahexaenoic acid)	290 mg		

\* Daily value not established.